

# Camping With A Baby Packing Checklist

Camping is a rich experience with a connection with nature, family time and a break from monotonous life routine. Camping with a baby is also enjoyable though it takes detailed planning and management.

## What to Prepare for Camping with A Baby

Let us divide the list of preparation into two phases. The things to do before going camping with a baby and the packing list for the camping trip.

### The Things To Do Before Going Camping

1. Talk to your baby's doctor before heading out on the trip.
2. Choose the most suitable and facilitated camping location.
3. Book your space beforehand.

### Meal Planning For Your Baby

1. Keeping clean is the first priority for a baby especially if you are bottle feeding. Make it a priority to bring boiled water, sanitize bottles and manage the temperature of water and formula.
2. When your baby starts solid foods, it is always easier to bring squeeze packets with pureed food like fruits and vegetables. They are less messy, easy to carry and store especially if they do not require refrigeration.
3. Puffs, cheerios, bananas and small chunks of fruits are also great options.
4. If you are breastfeeding or pumping, taking care of your diet and hydration is equally important. Also, your pump's cleaning and sanitization is equally important.

## Flexibility

Make up your mind that planning and experiences with a baby can go in any direction. But whatever may happen, if you and your baby are safe and calm, there is always a second time. If you are exhausted, your baby doesn't sleep the whole night, or you are drained by concern and worry, call off your further plans.

## Camping with A Baby Gear

After the pre-requisites, now is the time to make a complete checklist of everything you might need on your camping with a baby trip. You can categorize your packing list in three portions i.e. baby camping gear, camping gear and baby essentials.

### Baby Camping Gear

- A Baby Carrier or Hiking Backpack
- Baby Camping Chair
- Travel Bottle Rack
- Travel Crib or Bassinet
- Baby Jumper
- Swaddlers or Wearable Blankets
- Stroller
- Bug Protection
- Sunblock
- Portable Breast Pump
- Bottle Warmer
- Snotsucker
- Baby ointment
- Toiletries



## Camping Gear

- Water
- A large blanket to use on the ground.
- Camping mats or inflatable camping mattresses
- Lighting arrangement for tent and outdoors.
- Stove or hot plate for warming water and making small meals.
- Umbrella
- Tent
- A solar power generator to power your sterilizer, lights, warmer, hotplate and other essential equipment. Following is an overview of the Jackery solar generator 1000 and 500 which are the best choices for powering up your camping with a baby trip.

Series	Capacity	Ports	Recharge Time	Camping Appliances
<b>Solar Generator 1000</b>	1002Wh	AC Output: 110VAC, 60Hz, 1000W (2000W Surge)  USB-A Output: 5V, 2.4A  Quick Charge 3.0 Output: 5-6.5V, 3A / 6.5-9V, 3A / 9-12V, 1.5A  USB-C Output: 5V, 9V, 12V up to 3A  Car Output: 12V, 10A	AC Adapter: 7 Hours  12V Car Adaptor: 14 Hours  Two SolarSaga 100W Solar Panels: 8 Hours	Light(5W)  Cooler(21W)  Phone(29W)  Bottle Warmer(300W)  Mini Fridge(60W)  Bottle Sterilizer(600W)  Fan(700W)  Coffee Maker(1000W)  Outdoor Grill(1000W)  Electric Grill(900W)  Mini Fridge(60W)



		DC Input: 12V-30V (200W Max)		
<b>Solar Generator 500</b>	518 Wh	AC Output: 110VAC, 60Hz, 500W (1000W Surge)  USB-A Output: 5V, 2.4A  Car Output: 12V, 10A  DC Output: 12V, 7A	AC Adapter: 7.5 Hours  12V Car Adaptor: 7.5 Hours  SolarSaga 100W Solar Panel: 9.5 Hours	Light(5W)  Cooler(21W)  Phone(29W)  Bottle Warmer(300W)

## Baby Essentials

- Easy diaper change kit including diapers, wipes, and hand sanitizer
- Sun hat
- Clothing including multiple layers according to weather.
- Swimming diapers, life jackets, etc.
- A rope for hanging washing
- Socks/booties
- Disposal diaper bags
- Diaper cream
- Hand sanitizer
- Portable bathtub
- Small first aid kit with bandages, tylenol,
- Baby food
- water



- Formula if your baby is formula fed.
- Breast pump and accessories

## ABOUT JACKERY

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