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## How to Submit this Information

- Email a scanned copy of the summary page to stephanie@shenzhen-tailor.com


## Shenzhen Stephaine Apparel LTD.

Address: Shop NO.5060, 5th/FL Luohu Commercial City,
Luohu District,Shenzhen, China
Web: www.shenzhen-tailor.com
Email: stephanie@shenzhen-tailor.com vip@shenzhen-tailor.com
Skype: stephanie-tailor
Mobile Phone: Alex 0086-13715338771
Stephanie 0086-13714007671
Jessica 0086-13714512894

## Stephanie Tailored Suit Questionnaire

1. Height
$\square$
2. Skin Color $\qquad$
3. Weight
4. Shoe Size (USA)
$\qquad$ 6. Hair Color $\qquad$
5. Eye Color $\qquad$
6. Watch Hand Right / Left
7. Jean Size $\qquad$
8. Describe any problems you usually have with non-tailored clothing.
9. What did you wear while being measured? (IMPORTANT)
$\qquad$
10. Your Stance

11. Your shoulder slope


Steep

Flat
13. Your chest description




14. Your stomach description


15. Your seat shape


## 1. Neck

- Measure around your neck at the height where your collar, if buttoned, would be.
- This measurement should be taken along the lower section of the neck, below your Adams Apple and above your Sternal Notch.
- The tape should be comfortably touching the skin, with enough room so that you do not feel restricted.
- My Neck is $\qquad$ . inches.


## 2. Full Chest

- Measure around the chest and body at its fullest part (typically right under the armpits and shoulder blades, right across the nipples).
- Hold the tape against the body tight enough so that it does not slip down, but not so tight that it restricts breathing. It should be "snug".
- Make sure the tape is horizontal and the person's arms are by their side; then take a normal breath and measure.
- Do not puff out your chest
- Double check this measurement.
- My Full Chest is $\qquad$ inches.



## 3. Full Shoulder Width

- Measure from the end of the right shoulder to the end of the left shoulder.
- We define the "End of the Shoulder" as where the horizontal plane of the shoulder intersects the vertical plane of the arm (see illustration).
- Double check measurement.
- My Full Shoulder Width is
$\qquad$ . $\qquad$ inches.



## 4. Right Sleeve

- Measure from the end of the right shoulder to the "Pinch" of the right hand.
- The "Pinch" of the hand is found where the base of the thumb and the base of the index finger intersect (approximately 1 inch above the index finger knuckle).
- Double check this measurement.
- Right Sleeve is $\qquad$ . $\qquad$ inches.


## 5. Left Sleeve

- Measure from the end of the left shoulder to the "Pinch" of the left hand.
- Double check this measurement.
- Left Sleeve is $\qquad$ inches.



## 6. Bicep

- Measure around the fullest part of the bicep with the arms by your side.
- You need only measure one side.
- My Bicep is $\qquad$ inches.



## 7. Wrist

- Measure around the fullest part of the wrist.
- You need only measure one side.
- Wrist is $\qquad$ inches.



## 8. Waist / Stomach

- Measure around the fullest part of the waist/stomach or right below your bottom ribs, whichever is greater.
- Jacket Waist is $\qquad$ . $\qquad$ inches.



## 9. Hips/Seat

- Measure around the fullest part of your hips and buttocks.
- My Hips/Seat is $\qquad$ . $\qquad$ inches.



## 10. Front Jacket Length

- Measure straight down the front from the base of the neck (right or left side) to the point level with your thumb knuckle.
- My Front Jacket Length is
$\qquad$ inches.



## 11. Front Chest Width

- With the person's arms by their side, measure across the front of the chest.
- Start at the front of the right armpit, continue measuring across the nipples, and then stop at the front of the left armpit. Do not measure under the arms.
- This is the front part of the full chest measurement we took in step 2.
- My Front Chest Width is $\qquad$ inches.



## 12. Trouser Waist

- Measure around your waist at the level where you would normally wear your pant's belt.
- With the tape measure snug around your waist, relax, and take the measurement.
- Don't be alarmed if this measurement seems larger than expected; off-the-rack pants are normally labeled as being smaller than what they really are.
- Trouser Waist is $\qquad$ . $\qquad$ inches.


## 13. Trouser's Outseam

- Measure from the top of your pant's waistband to the floor along the outside of your leg.
- Make sure the tape is tight, that you are standing straight, and then measure. No shoes please!
- Double check this measurement.
- Trouser’s Outseam is $\qquad$ . $\qquad$ inches.



## 14. Trouser's Inseam

- Measure from the lowest part of your crotch area to the floor.
- Make sure the tape is tight along the inside of your leg, that you are standing straight, and then measure. No shoes please!
- Trouser's Inseam is $\qquad$ . $\qquad$ inches.



## 15. Crotch

- Measure from the front top of the pant's waistband to the back top of the pant's waistband.
- Make sure not to take this measurement too tight.
- Crotch Measurement is $\qquad$ . $\qquad$ inches.



## 16. Thigh

- Measure around your thigh at its widest point.
- You need measure only one side.
- My Thigh is $\qquad$ _. $\qquad$ inches.


17. Knee

- Measure around your knee at its widest point.
- You need only measure one side.
- My Knee is $\qquad$ inches.



## Information Summary

(This form is for use if you plan to email us a scanned copy of your information)

NAME $\qquad$

## Answers to the Questionnaire

1. Height $\qquad$ 5. Skin Color
2. Weight
3. Hair Color
4. Shoe Size $\qquad$ 7. Eye Color
5. Watch Hand Right / Left
6. Jean Size
7. Describe any problems you usually have with non-tailored clothing.
8. What did you wear while being measured? (IMPORTANT)
9. How do you stand
10. Your shoulder slope
11. Your chest description
$\qquad$ 14. Your stomach description $\qquad$
12. Your seat shape $\qquad$
13. Your body proportions $\qquad$

## Measurements

1. Neck
$\qquad$ inches
2. Full Chest inches
3. Full Shoulder Width $\qquad$
$\qquad$ inches
4. Right Sleeve _____ inches
5. Left Sleeve
 inches
6. Bicep
 . inches
7. Wrist $\qquad$ . inches
8. Waist/Stomach $\qquad$ . inches
9. Hips/Seat $\qquad$ inches
10. Front Jacket Length $\qquad$ .inches
11. Front Chest Width _____ inches
12. Trouser Waist $\qquad$
$\qquad$ inches
13 Trouser Outseam $\qquad$ . inches
13. Trouser Inseam $\qquad$ _I inches
14. Crotch
$\qquad$ inches
16 Thigh inches
15. Knee $\qquad$
$\qquad$ inches
