DBOJ



How to Submit this Information

• Email a scanned copy of the summary page to stephanie@shenzhen-tailor.com

Shenzhen Stephaine Apparel LTD.

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MEASUREMENTS

Neck size

Measure around your neck. Adjust the measuring tape to your preferred looseness. It is very important to



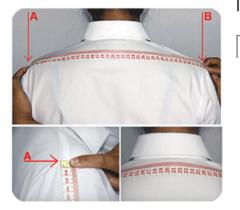
Stephanie Tailor

introduce a finger between your body and the tape.



Shoulder width

Measure between your shoulders (A) (where the sleeve starts). The measuring tape should be close to the lowest part of the shirt's neck (B).



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Sleeve Length



Measure from the shoulder's seam (A) all along the arm to the thumb bone (B).





Wrist Size

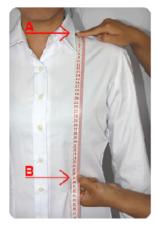


Measure around the wrist

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Waist Point

Measure from the highest part of your shoulder (A) (next to the shirt collar) to the breast point (the most outstanding part of your breast) (B).



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Breast Point



Measure from the highest part of your shoulder (A) (next to the shirt collar), to your waist (B) through the most outstanding part of your breast.

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Length



Measure from the highest part of your shoulder (A) (next to the shirt collar) to the desired measure (B) normally you should measure to the tip of your thumb (B).

Important : The measuring tape must pass through the center chest.

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Chest Size

Measure around the widest part of your chest (put the measuring tape on both nipples). Let loose so that you can put a finger between your body and the tape. Make sure that the tape is at an even height all the



way around.

Stomach size



Measure around the widest part of your abdomen. Let loose so that you can put a finger between your body and the tape, keeping the tape parallel to the floor.

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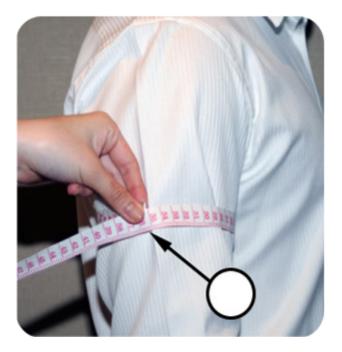
Hips size



Stand with your heels together, and measure around the fullest part of your hips, keeping the tape parallel to the floor.



Bicep



Measure around your upper arm at the widest point.

INCHES



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Arms Shape







Flat Arms 🔲

Slight Arms 🔲

Protruding Arms

Back shape







R



NOrmal 🖸

Slight forward stoop

Erect 🔲

Hunched

Curved upper back

Stomach Shape





Protruding Stomach

Flat Stomach 🔲

Slight Stomach 🔲