



User's Manual

For ORCC Kids Trampoline



Please attention:

If you have any questions, please contact the ORCC Customer Service Team. We will answer your questions and resolve your problems within 24 hours of working day.

Email: orcc.official@gmail.com

maxlead.us@gmail.com

CAUTION: Adult Assembly Required

KEEP THIS USER GUIDE FOR FUTURE REFERENCE



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The Safety Instruction of Trampoline

To reduce the risk of serious injury, read and follow all of the warnings, precautions, and instructions in this manual before you use the trampoline enclosure. Warnings and instructions for care, maintenance, and use of this trampoline and enclosure are included to promote safe, enjoyable use of this equipment.

Safety Instructions:

1. This Trampoline is designed for 3-10 years of age.
2. Do not use trampoline without adult or knowledgeable supervision.
3. Do not attempt or allow somersaults. Landing on the head or neck can cause serious injury, paralysis, or death, even when landing in the middle of the bed.
4. Do not use the trampoline when it is wet, damaged, dirty, or worn out.
5. Do not allow any jumpers start bouncing on the trampoline unless you inspect that it's in good condition.
6. Do not jump onto or off the trampoline.
7. Do not use a trampoline while under the influence of alcohol or drugs.
8. Do not allow any activity underneath the trampoline.
9. Do not bounce on the trampoline for extended periods of time because fatigue can increase your chances of injury.
10. Do not wear hard soled shoes such as tennis shoes on the trampoline, as this will cause excessive wear on the mat material.
11. Do not have chewing gum, sweets etc. in the mouth when using the trampoline.
12. Do not use the trampoline if there are pets, other people, or any objects underneath the trampoline.
13. Do not jump on the trampoline while you have or are holding any objects, especially something sharp or breakable.
14. Remove any objects that could interfere with the performer. Maintain a clear area around and under the trampoline.
15. Do not use the trampoline without attaching the frame padding. Properly tie down the frame padding before each use.
16. Please remove any jewelry before jumping begins. Jewelry may get caught in the enclosure netting.
17. Always climb on to and off of the trampoline. It is a dangerous practice to jump from the trampoline to the floor or ground when dismounting, or to jump onto the trampoline when mounting.
18. Do not attempt to crawl under, jump over, intentionally bounce off of, hang from, climb on, kick, or cut the barrier netting.
19. Do not allow more than one person inside the trampoline enclosure. Use by more than one person at the same time can result in serious injury.

Safety Warning:

In the trampoline use, as in all active recreational sports, participants can be injured. However, there are steps that can be taken to reduce the risk of injury. In this section, primary accident patterns are identified and the responsibilities of supervisors and jumpers in accident prevention are described.

Accident Classification:

1. Somersaults (flips): Landing on your head or neck, even in the middle of the trampoline mat, increases the risk of a broken back or neck, which can result in paralysis or death. Such events can occur when a jumper makes an error trying to perform a forward or backward somersault (flips). Do not perform somersaults (flips) on this trampoline.
2. Multiple Jumpers: More than one jumper at a time on the trampoline increases the chance of a jumper becoming injured by losing control of his or her jump. Jumper may collide with one another, fall off of the trampoline, fall onto or through the springs, or land incorrectly on the mat. The jumper weighing the least is the jumper most likely to be injured.
3. Mounting and Dismounting (Getting On and off): The trampoline mat is several feet above ground level. Jumping from the trampoline to the ground or any other surface may result in injury. Jumping onto the trampoline from a roof, deck, or other objects also presents a risk of injury. Smaller children may need assistance getting onto or down from the trampoline. Climb carefully onto and off of the trampoline. Do not step onto the springs or the frame pad. Do not grasp the frame pad to pull yourself onto the trampoline.
4. Striking the Frame or the springs: Injury may result from hitting the frame or falling through the spring while: Injury may result from hitting the frame or falling through the springs while jumping or getting onto or off of the trampoline. Stay in the center of the mat when jumping. Be sure to keep the frame pad in place to cover the frame. The frame pad is not made or intended to support the weight of the trampoline user. Do not step or jump directly onto the frame pad.
5. Loss of Control: Jumpers who lose control of their jumps may land on the mat incorrectly, land on the frame or springs, or fall off of the trampoline. A controlled jump is one where the landing is in the same spot as the takeoff. Before learning a more difficult stunt, you should be able to do one before over and over with control. Attempting a stunt beyond present skill levels increases the chance of loss of control. To regain control and stop your jump, bend your knees sharply when you land.
6. Alcohol or Drug Use: The chance of injury increases when a jumper has consumed alcohol or taken

drugs. These substances impair a person's reaction time, judgment, and physical coordination.

7. Encountering Objects: Jumping on a trampoline while other people, pets, or objects are underneath it will increase the chance of getting hurt. Jumping while holding or having an object on the trampoline, particular one that is sharp or breakable, will increase the chance of injury. Placing a trampoline too close to overhead electrical wires, tree limbs, or other objects can increase the chance of injury.

8. Poor Maintenance of the trampoline: Jumpers may be injured if a trampoline is used when it is in poor condition. A torn mat, bent frame, broken spring, or missing frame pad, for example, should be replaced before anyone is allowed to jump. Inspect the trampoline before each use.

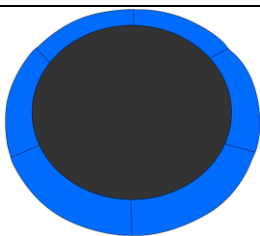
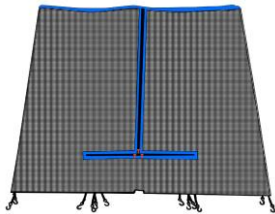

9. Weather Conditions: A wet trampoline mat is too slippery for safe jumping. Gusty or high winds can cause jumpers to lose control.



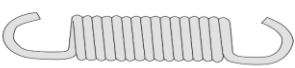



10. Access: To prevent access to the trampoline by unsupervised smaller children, the optional access zipper should always be closed when the trampoline is not in use.

ORCC® Kids Trampoline Specifications

Diameter	Spring Quantity	Leg Quantity	Maximum Weight Capacity
55inch/140cm	30 pcs	3	220 LBS
60inch/150cm	36 pcs	3	220 LBS

ORCC® Kids Trampoline part list

Part Number	Part image	Description	Quantity
#1		Trampoline Mat with padding	1
#2		Safety Net	1
#3		Top Rail	6

#4		Type T Connector	6
#5		Leg Base	3
#6		Galvanized Springs	30 (55") 36 (60")
#7		Upper Net Pole with Tube cup	6
#8		Lower Net Pole	6
#9		Spring Loading Tool	1

How to Assemble My Trampoline?

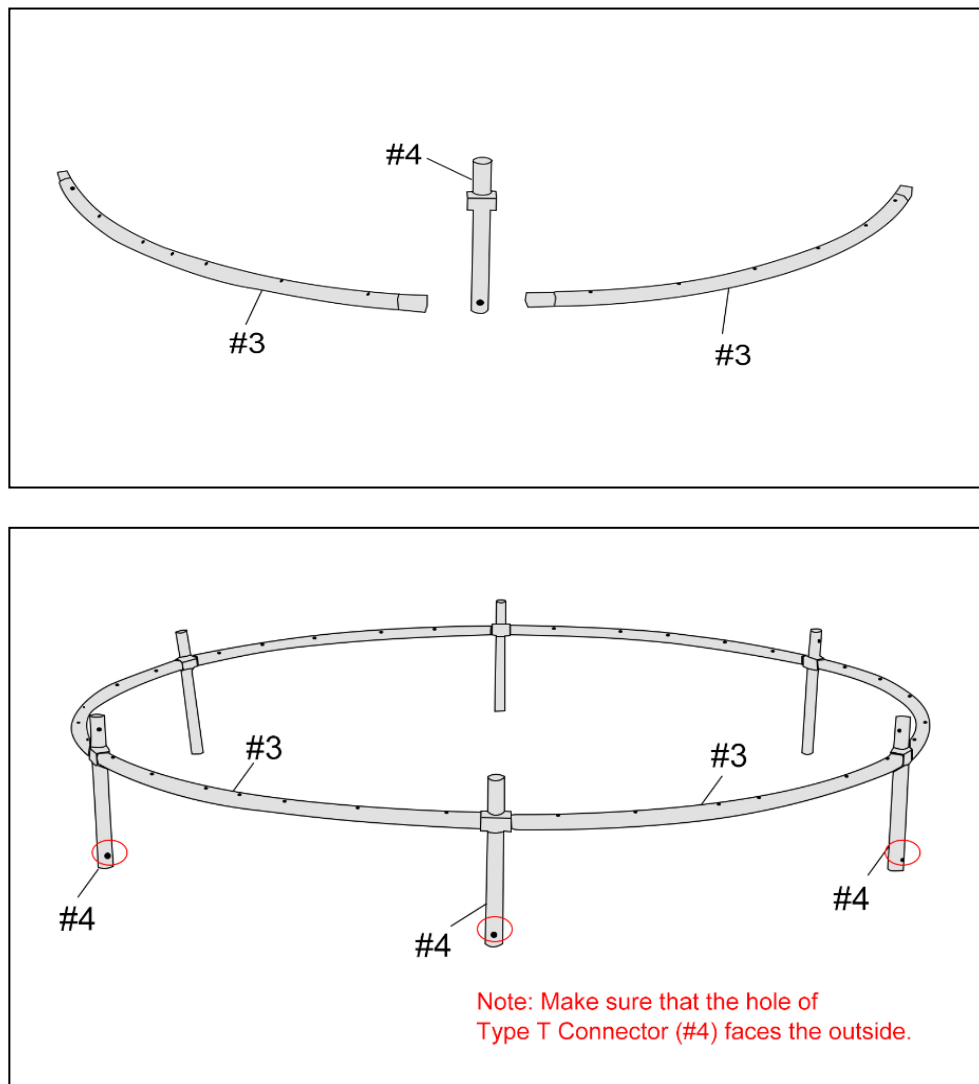
Prior to Assembling:

1. Please read the assembly instructions before beginning to assemble the product.
2. It is recommended that a minimum of 2 persons participate in the assembly of this product.
3. The assembly steps use these descriptions and numbers as reference for your convenience. Make sure that you have all parts listed.
4. To assemble this trampoline all you need is the special spring loading tool provided with this product.
5. To prevent any injuries to your hands from pinch points during assembly, please use gloves to protect your hands.
6. Keep springs dry as wet springs are very slippery.
7. During periods of non-use, this trampoline can be easily disassembled and stored.

Assembly Instructions:

Step 1 - Frame Layout

All parts with the same part number are interchangeable and have no “right” or “left” orientation, to connect the parts, simply slide section (male) tubing that is smaller on one end into the adjacent section (female) that has a larger opening. These joints are called “connector points”.



As shown in the picture above, assemble the frame of the trampoline.

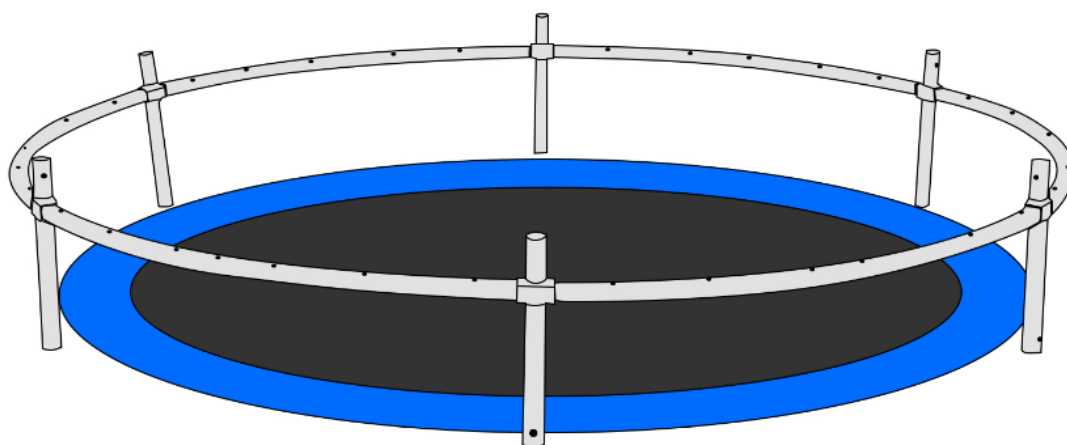
Note: If the last top rail is not fully inserted into the Type T Connector, it will not affect the subsequent installation. When assembling the spring, they will reach the correct position due to uniform force.

Step 2 - Attaching the Jumping Mat to the frame

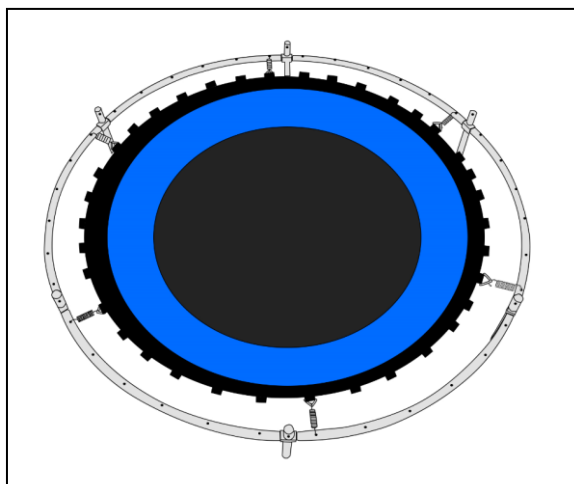
Failure to follow instructions may result in damaged springs or frame warping/displacement. The

trampoline is under heavy tension, more effort may be required to attach springs to the frame as you go on. Springs should be attached as per instruction below:

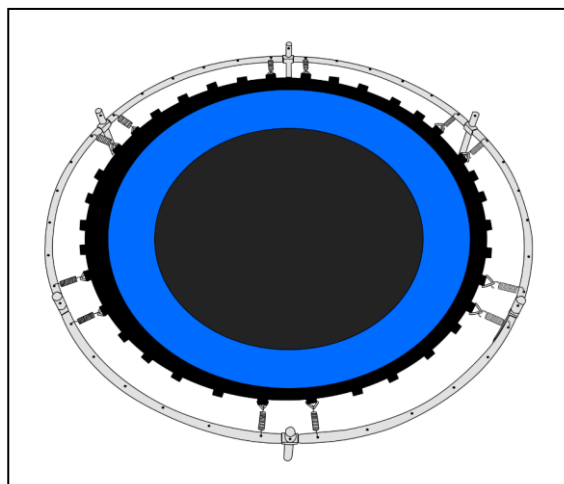
- Use the included special spring loading tool (#9).
- Make sure all springs (#6) hooks face down.
- Spring hooks must be pushed securely into the frame holes.
- Keep springs dry as wet springs are very slippery.
- Wear heavy duty working gloves to protect your hands and avoid pinch your fingers.



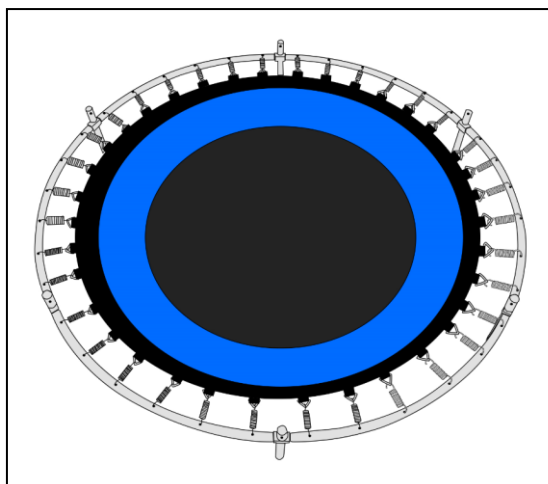
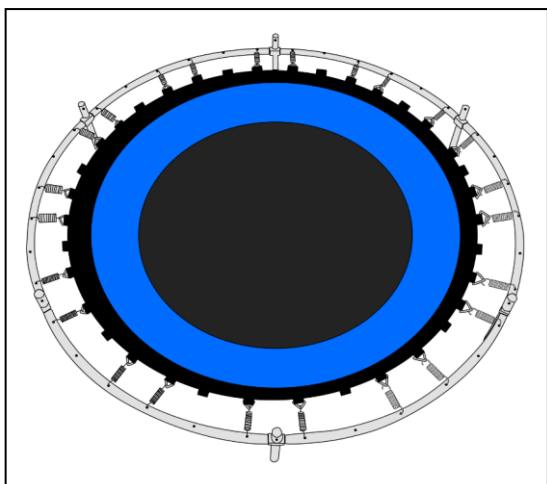
As shown in the picture, lay the Trampoline Mat with padding (#1) inside the frame with logo facing up.



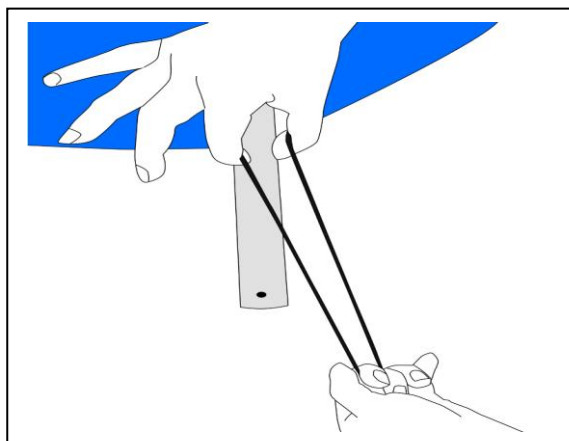
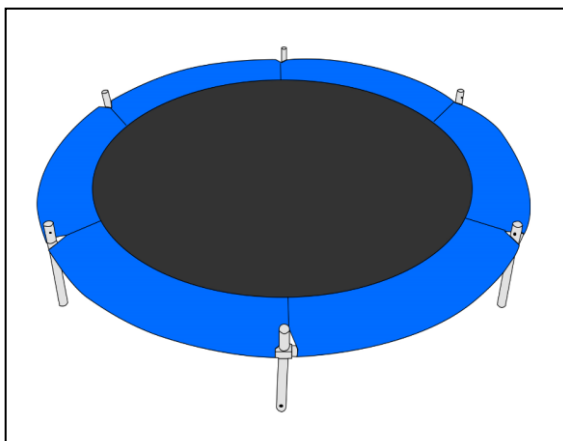
Use the spring loading tool (#9) to attach a spring (#6) with spring hooks face down to the v-ring of the mat and to the aligned hole of the trampoline frame. First assemble the 6 springs as shown in the picture. Drop hook into frame hole until it latches on completely and tap it down if hook is not completely in the hole.



As shown in the picture, spring under heavy tension may require adjacent springs to be attached evenly, making the springs tension averagely distributed.



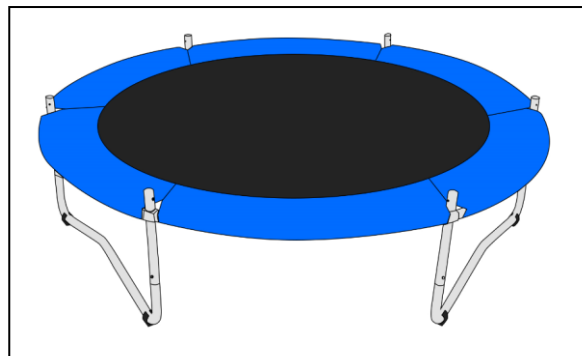
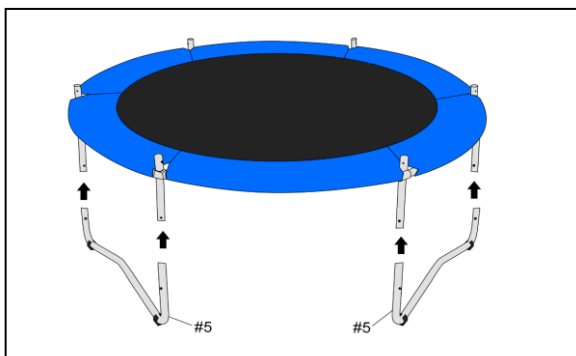
Refer to the picture to complete the assembly of the spring. If you notice that you have skipped a hole and v-ring connection, recount and remove or attach any spring required to maintain the count of springs. Attach the remaining springs until all the spring are placed on the frame and secured firmly.



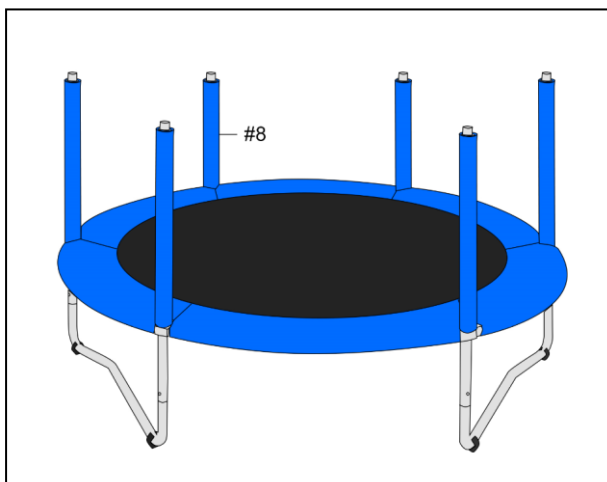
Next, please tidy up the padding.

Then put the elastic rope (on the pad) around the steel foot of the frame like the picture. Use your thumb and index finger to pick up the steel leg and then use another hand to pull the elastic rope.

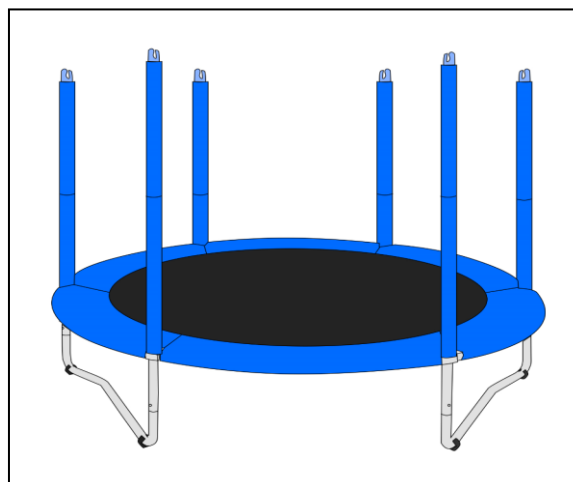
Step 3 - Leg Base Assembly



Insert Leg Base (#5) into Type T Connector (#4) as shown.

Step 4 - Safety Net and Poles Assembly

As shown in the picture, insert Lower Net Pole (#8) into the Type T Connector.



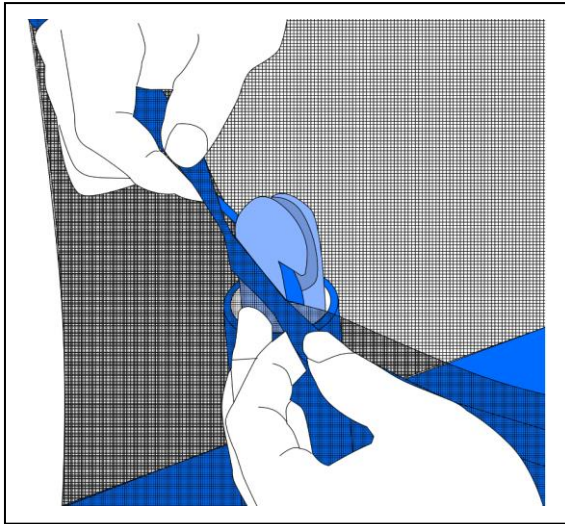
Then, insert the Upper Net Pole with Tube cup (#7) into Lower Net Pole.



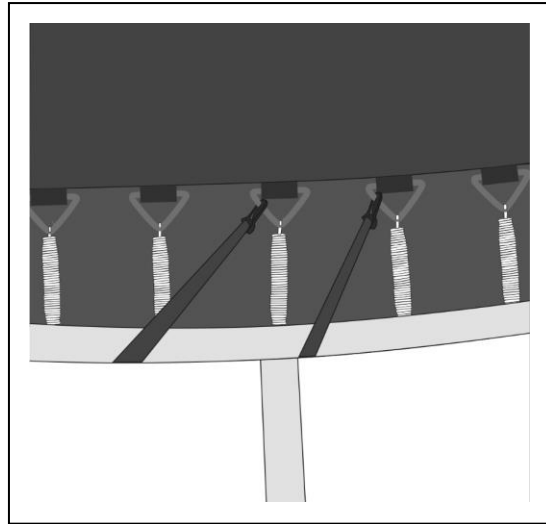
As shown in the picture, put the Safety Net (#6) on the 6 Upper Net Poles. **Make sure the zipper is in the middle of the two Net Poles.**



Pull down the safety net evenly, until it completely covers the overall net pole. Safety net mesh hook released as shown.



Clip the webbing on the top of the safety net into the tube cup.



Then attach safety net mesh hooks to the nearest triangle ring of mat. **Do not attach to the springs.**

How to Use My Trampoline?

Tips To Reduce the Risk of Accidents

1. Jumper's role in accident prevention

The key here is to stay in control of your jumps. Learn fundamental bounce and body positions thoroughly before trying more advanced skills. A variety of trampoline activities can be carried out by performing the basic fundamentals in various serious and combinations, performing one fundamental after another, with or without feet bounces between them. Education is also key to safety and very important. Read, understand, and practice all safety precautions and warnings prior to using the trampoline. A controlled jump is when you land and take off from the same location. For additional safety tips and instructions, contact a certified trampoline instructor.

2. Supervisor's Role in Accident Prevention

Supervisors need to understand and enforce all safety rules and guidelines. It is the responsibility of the supervisor to provide knowledgeable advice and guidance to all jumpers of the trampoline. If supervision is unavailable or inadequate, the trampoline should be stored in a secure place, disassembled to prevent unauthorized use, or covered with a heavy tarpaulin that can be locked or secured with lock or chains. The supervisor is also responsible to ensure that the safety placard is placed on the trampoline and that jumpers are informed of these warnings and instructions.

Lesson Plan

The following lessons are suggested in order to learn basic steps and bounces before moving onto more difficult, complicated bounces. Before actually getting on and using the trampoline, you should read and understand all



safety instructions. A complete discussion and demonstration of body mechanics and trampoline guidelines should occur between the supervisor and student as well.

Lesson 1

1. Mounting and Dismounting - Demonstration of proper techniques
2. The Basic Bounce-Demonstration and practice
3. Braking (Check the Bounce) - Demonstration and practice. Learn to brake on command
4. Hands and knees - Demonstration and practice. Stress should be on four- point landing and alignment

Lesson 2

1. Review and practice of techniques learned in Lesson 1.
2. Knee Bounce-Demonstration and practice. Learn the basic down to knee and back up before trying half twist to left and right.
3. Seat Bounce -Demonstration and practice. Learn basic seat bounce then add a knee bounce, hands and knees; repeat.

Lesson 3

1. Review and practice skills and techniques learned in previous lessons.
2. Front Drop-To avoid mat burns and teach the front bounce position, all students should be requested to assume the prone position (face down on the ground) while the instructor checks for faulty positions that could cause injury.
3. Start with a hands and knees bounce and then extend body into prone position, land on the mat and return to feet.
4. Practice Routine-Hands and knees Bounce, Front Bounce, back to feet, seat bounce, back to feet.

Lesson 4

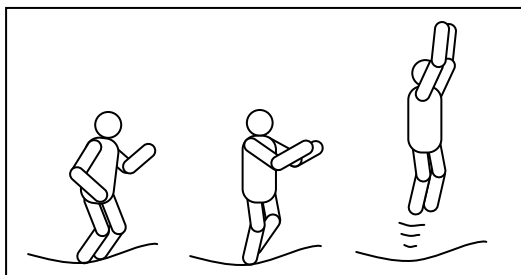
1. Review and practice skills and techniques learned in previous lessons
2. Half-Turn
3. Start from front drop position and as you make contact with the mat, push off with arms in either the right or left direction and turn head and shoulders in same direction.
4. During turn, be sure to keep back parallel to mat and head up.
5. After completing turn, land in front drop position

After completing this lesson, the student now has a basic foundation of trampoline bounces. Jumpers should be encouraged to try and develop their own routines with the emphasis on control and form.

Player one starts with a maneuver. Player two has to do Player One's maneuver and adds on another. Player Three does the maneuvers of one and two and then add a third maneuver. Avoid bouncing too high. Stay low until

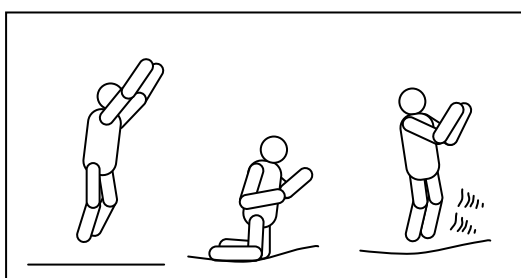
bounce control and repeated landing in the center of the trampoline can be accomplished. Control is more important than height. While keeping the head erect, focus eyes on the trampoline toward the perimeter. This will help control bounce.

THE BASIC BOUNCE



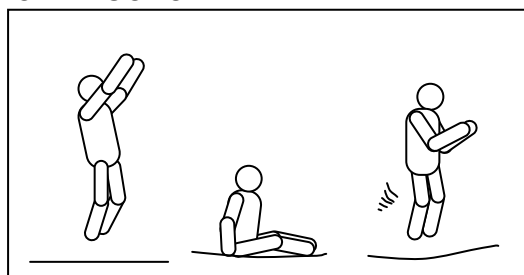
1. Start from standing position, feet shoulder width apart and with head up and eyes on mat
2. Swing arms forward and up and around in a circular motion.
3. Bring feet together while in mid-air and point toes downward
4. Keep feet shoulder width apart when landing on mat.

KNEE BOUNCE



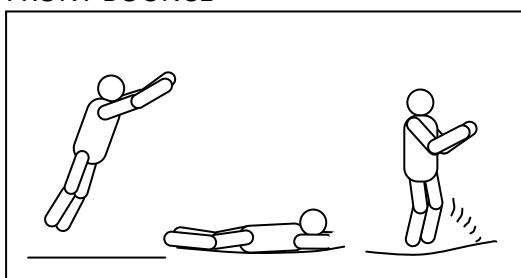
1. Start with basic bounce and keep it low
2. Land on knees keeping back straight, body erect and use your arms to maintain balance
3. Bounce back to basic bounce position by swinging arms up

SEAT BOUNCE



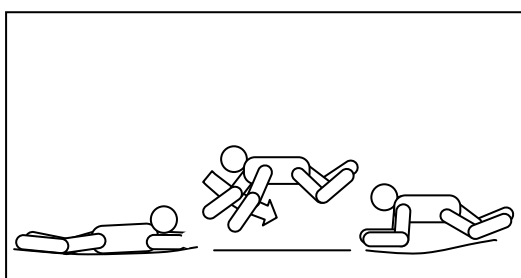
1. Land in a flat sitting position.
2. Place hands on mat besides hips
3. Return to erect position by pushing with hands.

FRONT BOUNCE



1. Start with front bounce position
2. Land in prone (face down) position and keep hand and arms extended forward on mat
3. Push off the mat with arms to return to standing position

180 DEGREE BOUNCE



1. Start with front bounce position
2. Push off with left or right hands and arms (depending on which way you wish to turn)
3. Maintain head and shoulders in the same direction and keep back parallel to mat and head up
4. Land in prone position by return to standing position by pushing up with hands and arms

How to Maintain My Trampoline?

Prior To Know About

All ORCC® trampolines exceed ASTM standards. ORCC® trampoline was designed and manufactured with quality materials and craftsmanship. If proper care and maintenance is provided, it will provide all jumpers with years of exercise, fun, and enjoyment as well as reduce the risk of injury.

Choose the Right Way to Have Fun with It

1. Jumpers should either wear socks, gymnastics shoes, or be barefoot when using the trampoline. Please be aware that street shoes or tennis shoes should not be worn while using the trampoline.
2. In order to prevent the trampoline mat from getting cut or damaged please do not allow any pets onto the mat. Also, jumpers should remove all sharp objects from their person prior to using the trampoline. Any type of sharp or pointed objects should be kept off the trampoline mat at all times.
3. If you also have a grill, please keep your trampoline away from it.

Moving the trampoline

If you need to move the trampoline, two people should be used. All connector points should be wrapped secured with weather resistant tape, such as duct tape. This will keep the frame intact during the move and prevent the connector points from dislocating and separating. When moving, lift the trampoline slightly of the ground and keep it horizontal to the ground. For any type of other move, you should disassemble the trampoline.

Always inspect the trampoline before each use for worn, abused or missing parts. A number of conditions could arise that may increase your chances of getting injured. Please be aware of:

- Punctures, holes, or tears in the trampoline mat
- Sagging trampoline mat
- Loose stitching or any kind of deterioration of the mat
- Bent or broken frame parts, such as the legs
- Broken, missing, or damaged springs
- Damaged, missing, or insecurely attached frame padding
- Protrusions of any types (especially sharp types) on the frame, springs, or mat

If you find any of the previous conditions, or anything else that you feel could cause harm to any user, the trampoline should be disassembled or secured from use until the conditions has been resolved.



The Warranty of ORCC® Trampolines

This limited warranty applies to the following products and time frames, beginning from the original date of purchase:

One year warranty for Trampoline mat, pad and safety net;

Two year warranty for trampoline springs.

Three years warranty for trampoline frames.

A replacement for any defective part will be supplied free of charge at any time.

This warranty does not cover damage associated with weather related damage, damage due to improper assembly, damage due to misuse, damage due to excessive weight or improper maintenance and storage.

Please attention:

If you have any questions about this trampoline, please feel free to contact us at orcc.official@gmail.com, we will solve it for you within 24 hours on workday.